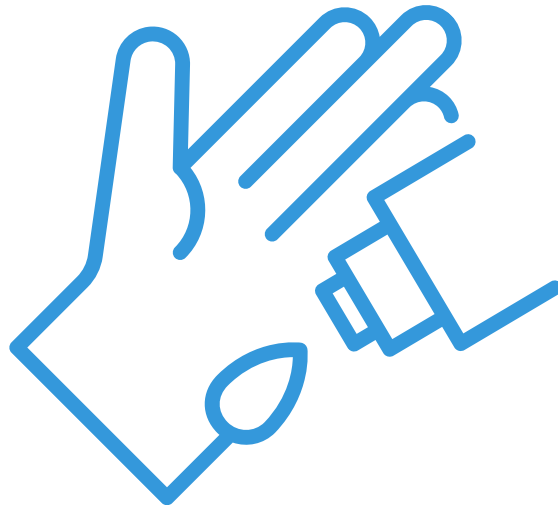


COVID-19 information

Use hand sanitizer when you can't use soap and water

- 1. Apply the hand sanitizer to the palm of one hand (read the label to learn the correct amount)**
- 2. Rub your hands together, getting gel over all the surfaces of your hands and fingers until your hands are dry - around 20 seconds**



Get **COVID-19** info at
www.bccdc.ca


Interior Health
Every person matters